

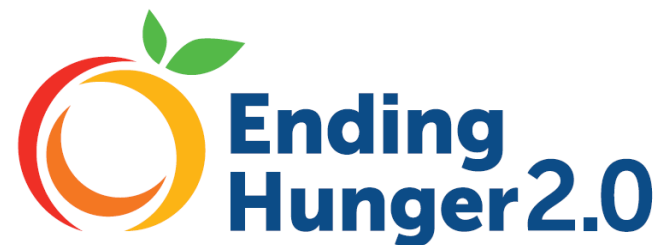


Food Insecurity & Hunger in North Dakota



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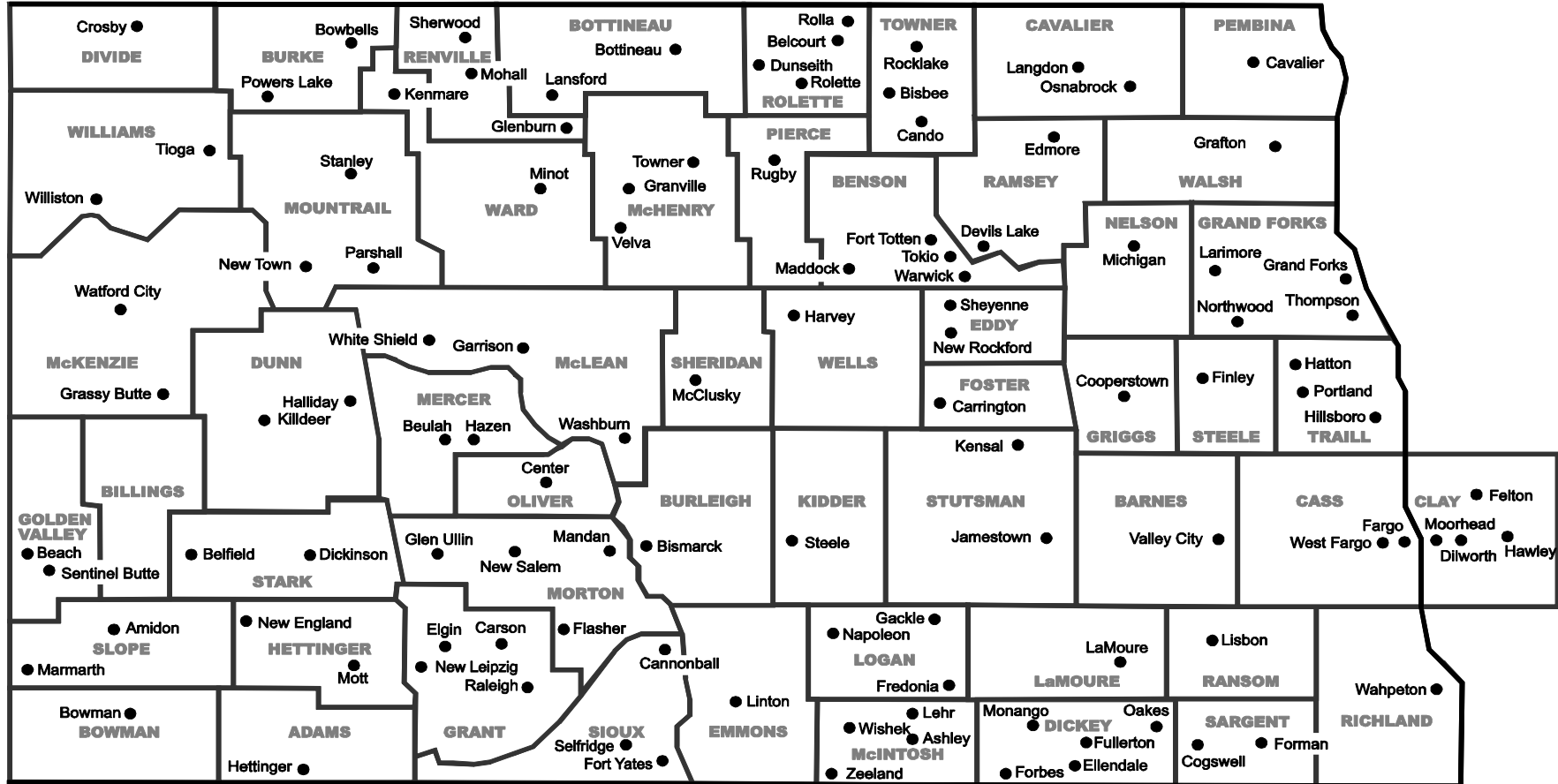
Our Mission: End hunger through community partnerships.

Our Vision: A hunger-free North Dakota and western Minnesota.

Our Values: We do all things in the spirit of passion, service and innovation.



Service Area



54
Counties

200+
Partners

Over
102,000
People

12.7
Million
Meals

HUNGER in North Dakota 2018



A report on the charitable food network



39% CURRENTLY ON **SNAP**
(Supplemental Nutrition Assistance Program)

81% COMPLETED
HIGH SCHOOL

12%  SENIORS


37% RURAL
23% SMALL TOWN

FACES
OF
HUNGER

36%  CHILDREN

33% URBAN
5% REMOTE

 **13%** HOUSEHOLDS INCLUDE
VETERANS



Clients are
more likely to
have chronic
health issues.

75% OF PARTICIPANTS HAVE A
CHRONIC DISEASE

84% OF THOSE WITH CHRONIC DISEASES
HAVE MORE THAN ONE

HEALTH

36% OF PARTICIPANTS HAVE
HIGH BLOOD PRESSURE

6 **32%** OF PARTICIPANTS HAVE
DEPRESSION/MENTAL HEALTH ISSUE

3x **29%** OF PARTICIPANTS HAVE
DIABETES

2x **18%** OF PARTICIPANTS HAVE
ASTHMA

2x **9%** OF PARTICIPANTS HAVE
HEART DISEASE

x **9%** OF PARTICIPANTS SUFFER WITH
ADDICTION



MEALS

+



NEED



A Conceptual Framework: Cycle of Food Insecurity & Chronic Disease



IDENTIFYING & ADDRESSING FOOD INSECURITY AT A HEALTHCARE SITE





Hunger Vital Sign™

A validated tool to screen for food insecurity

Within the past 12 months, we worried whether our food would run out before we got money to buy more.

- ☐ Often true
- ☐ Sometimes true
- ☐ Never true

Within the past 12 months, the food we bought just didn't last and we didn't have money to get more.

- ☐ Often true
- ☐ Sometimes true
- ☐ Never true

A patient or family **screens positive** for food insecurity if the response is "often true" or "sometimes true" to either or both of these statements.



Learn more about screening for and addressing food insecurity in health care settings at [FRAC.org](https://www.FRAC.org)



Public Health
Prevent. Promote. Protect.

Bismarck-Burleigh Public Health



SANFORD
HEALTH

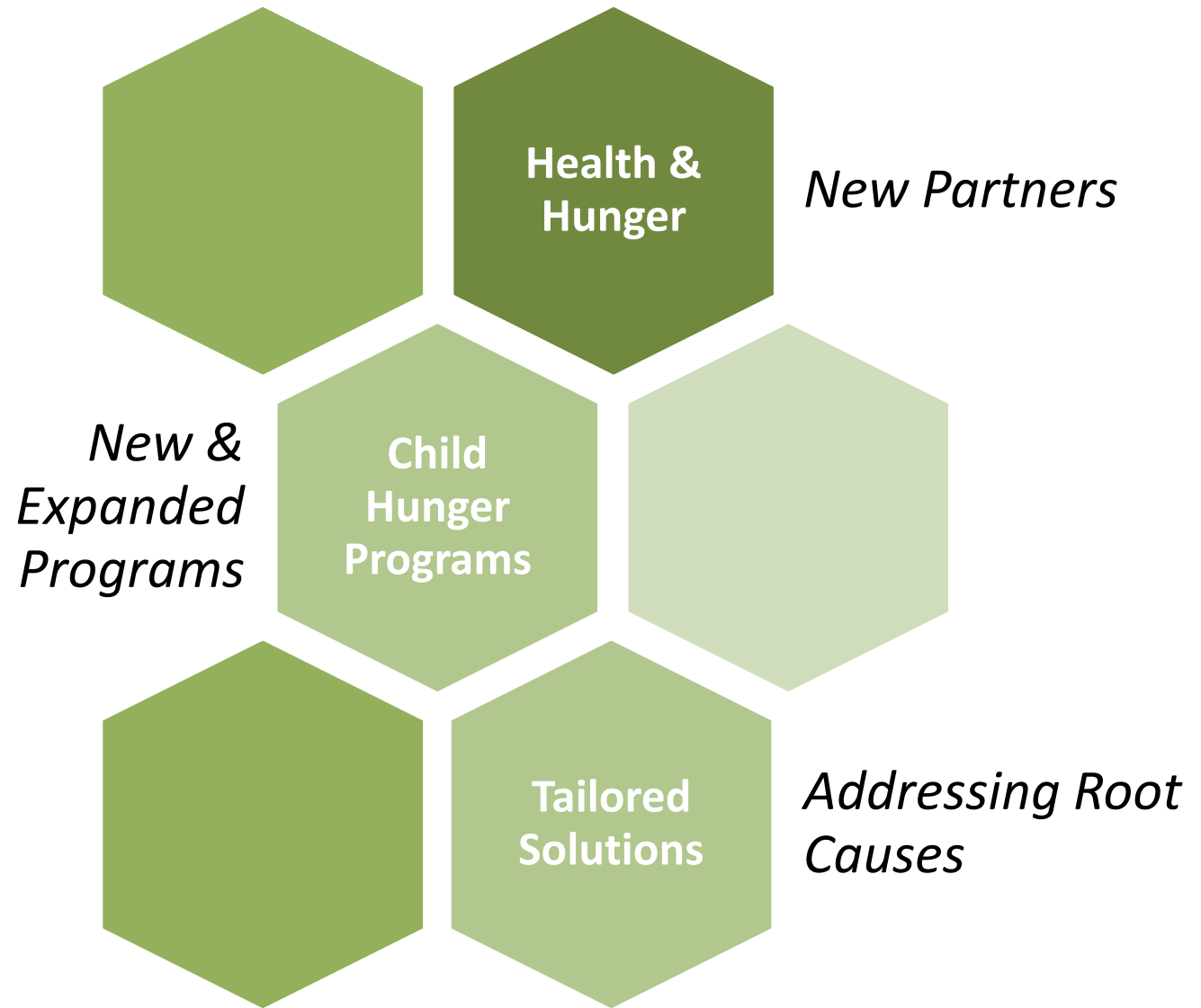


**WELLNESS
PANTRY**

Hunger VitalSign™



SOLUTIONS



Together we will solve hunger.



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