

May 2012

# DIETETIC UPDATE

## Past President's Message *by Brooke Fredrickson*



As my term as president comes to an end, I can't help but look back on what an incredible experience it has been. The NDAND (NDDA) board has accomplished so much this past year, and I want to take this time to share with you a few of the things that have been done.

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- Supported the Fuel Up to Play 60 program
- Sponsored "Eat smart. Play hard." program
- Created a new convention planning chair/committee
- Added another student scholarship
- 4 board members attended the Public Policy Workshop in Washington D.C.
- Sent Deb Strand to CLEAR training as our state licensure liaison
- Participated in the Affiliate Challenge to recruit new members
- Statewide TV commercial promoting the RD
- Gave away money towards a trip to FNCE to a convention attendee
- New name pending membership vote: North Dakota Academy of Nutrition and Dietetics
- New Logo (soon to be released)

On a personal note, the past two years have given me so many opportunities to travel and meet some very influential people in our profession. I would like to thank Kelly Fisher, past president, for her leadership and for mentoring me through this process. I would also like to thank all of the board members for their time and commitment, as they are a very dedicated and phenomenal group of women to work with. To the members, I am truly thankful for the opportunity I had to serve as your president for this great association.

Health & happiness,

Brooke



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## Action Portion of Board Meeting on April 23

*by Susan Grundstad, RD, LRD*



A thank you note from the Eat Smart, Play Hard program (Julie Garden-Robinson) was read. NDDA has provided funding for the NDSU program.



Char Heer moved to change the name of our organization from the North Dakota Dietetic Association to the North Dakota Academy of Nutrition and Dietetics, contingent upon a membership vote via survey monkey. Seconded by Kelly Fisher, motion passed.



The Board voted by paper ballot to approve a new logo, a field design, if the membership approves the name change.



### NDDA Election Results

Congratulations to our new NDDA officers that have been elected to serve our association!

<b>President Elect</b>	Deanna Askew
<b>Secretary</b>	Breanna Swanson
<b>State Convention Planning Chair</b>	Nancy Wahl
<b>Nominating Committee</b>	Desiree Steinburger Jerilyn Wass
<b>Awards Chair</b>	Naomi Hass



### Online Certificate of Training Programs

ADA's Center for Professional Development offers certificates of training programs in Restaurant Menu Labeling, Chronic Kidney Disease Management and In Prevention Strategies for Childhood Obesity.

Learn more at

<http://tinyurl.com/434np8w>





## Renew Your License By July 1

If you currently are licensed in North Dakota as a Licensed Registered Dietitian or a Licensed Nutritionist a renewal application has been mailed to your address on file with NDBODP. Renewal applications were mailed May 24 so if you haven't received one please contact NDBODP or download one from [www.ndbodp.com](http://www.ndbodp.com) under *applications and renewals*. Renewal applications are due July 1, 2012. Late fees of \$10/month are assessed for applications postmarked July 2 and after.

## Renewal Form Has A Few Changes

The renewal form has been slightly revised from last year. Some of the changes include:

- Listing the last 4 digits of your social security number.
- Listing your CDR number instead of sending in a copy of your CDR card.
- An attestation statement; please be sure to read the statement and sign/date it. Applications cannot be processed without your signature.

## Practicing Dietetics Without A License—Is It Illegal?

According to North Dakota Statute it is illegal to practice dietetics or call yourself a dietitian in ND without a license. Therefore it is important you complete your license renewal application and send it with your payment on time. In the event a renewal application is not received by September 30 the license of the individual is considered expired. A person whose license has expired but who continues to practice as a dietitian or use a restricted title violates state law. Such a violation is a class B misdemeanor under NDCC 43-44-17. NDBODP could refer any dietitian practicing without a license to the local law enforcement agency having jurisdiction for investigation and potential prosecution. NDBODP is also authorized to bring a civil action for an injunction to restrain violations under NDCC 43-44-16. Such violations are grounds for denying an application by the former licensee for renewal of the expired license or for a new license.

## NDBODP Board Has Awarded Sponsorships

The NDBODP recently awarded the following conference sponsorships:

- *NDNA Spring Conference* - \$4500
- *NDNC Conference* - \$2100
- *ND Breastfeeding Conference* - \$1800

### How to Contact NDBODP Board Members

Linda Nudell, RD, LRD, CDE  
Email: [lindan@wrhs.com](mailto:lindan@wrhs.com)

Georgianna Walker, MS, RD, LRD  
Email: [georgiannawalker@hotmail.com](mailto:georgiannawalker@hotmail.com)

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Email: [larsond@srt.com](mailto:larsond@srt.com)

Rita Ussatis, MS, LN  
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Vanessa Hoines, MS  
Email: [Vanessa.Hoines@ndsu.edu](mailto:Vanessa.Hoines@ndsu.edu)

### NDBODP Mailing Address

NDBODP  
2304 Jackson Avenue  
Bismarck ND 58501

Email: [execsec@ndbodp.com](mailto:execsec@ndbodp.com)

## Are We Up for the Challenge?

*by Anne Bodensteiner, MS, RD, LRD*

Our affiliate has been invited to participate in the recruitment challenge this year! If we win North Dakota could win \$1500!

We need to recruit **non-members and/or members who did not renew in 2011-2012**. Unfortunately, student memberships are not counted in this contest.



### STEP 1:

Use the special membership application of if your recruits are applying online at [www.eatright.org/joinacademy](http://www.eatright.org/joinacademy) be sure they use **PROMO CODE AFC13**. Only those memberships processed with **PROMO CODE AFC13 will count in the Affiliate Challenge**.

**Reminder:** those people whose membership applications are accepted before May 31, 2012 will receive the remainder of ADA's current membership year for free (through May 31, 2012).

### STEP 2:

Use your creativity to recruit new or returning members! The program runs May 1 to September 15, 2012—Recruit as many new or returning members as possible!

*Please let us know if you have questions: [execsec@eatrightnd.org](mailto:execsec@eatrightnd.org).*

## Reduced Membership Rates: Do You Qualify?

If you have heard the rumors of new membership dues you may be right! Academy of Nutrition and Dietetics headquarters is offering special dues rates for new food and nutrition professionals. Find out if you qualify by contacting the Member Service Center. Representatives are available weekdays from 8 a.m.—5 p.m., central time at 800/877-1600, ext. 5000. Questions can also be directed to [membrshp@eatright.org](mailto:membrshp@eatright.org). International callers 312/899-0040, ext. 5000.

Learn & Earn CPE  
**@FNCE**

Earn a minimum of 20.5 CPE hours by attending the Food & Nutrition Conference & Expo, October 6 – 9 in Philadelphia.

**Click to Learn More**

**eat right.** Academy of Nutrition and Dietetics



# Delegate Update

By Bonnie Hoverson, RD, LRD

## NDDA Delegate

### Continuum of Professional Progression & Growth

*"If we are growing, we're always going to be out of our comfort zone."* – John Maxwell

The House of Delegates conducted two dialogue sessions on the continuum of professional preparation and growth (part 1 and part 2) on April 26 and 27, 2012. The purpose of the first dialogue was to: 1) Reach a common understanding of the opportunities for growth represented by the continuum of professional preparation; 2) Create a better understanding of the career development guide and how it guides practitioners to grow into new opportunities; and, 3) Identify tools and resources for delegates to use to communicate common understanding across the profession. The purpose of the second dialogue was to: 1) Establish an understanding of the importance of advanced practice to the future of the nutrition and dietetics profession; and, 2) Create a vision for the future of nutrition and dietetics profession that includes advanced practice.

The current revised Motion #1 as of May 7, 2012. This motion may still be amended and is subject to a final vote.

### The House of Delegates recommends that:

- All dietetics practitioners understand and implement the Dietetics Career Development Guide as a tool to assist them in achieving the highest potential level of practice.
- CDR incorporates the Dietetics Career Development Guide into the Professional Development Portfolio process and encourages its utilization by all credentialed practitioners.
- All Academy organizational units support the utilization of the Dietetics Career Development Guide in appropriate projects, initiatives, policies, tools and resources designed for students and practitioners.
- The HOD dialogue summaries will be forwarded to the Council on Future Practice for use in developing new Dietetics Career Development Guide tools and resources specific for students and practitioners to utilize.
- Individual members are encouraged to perform outcomes research that measures the financial impact and the career growth opportunities of advanced practice.



If you are not familiar with the Career Development Guide visit the [ADA website](#), members tab, left side of page click on practice, then Council on Future Practice and Dietetics Career Development Guide. This model was developed as a guide for practitioners as a model reflecting advance practice credentialing and the continuum of practice. The Council on Future Practice, the House Leadership Team, the Commission on Dietetic Registration and the Accreditation Council for Education in Nutrition and Dietetics with input from the House of Delegates will continue to synthesize the work that is currently in motion.

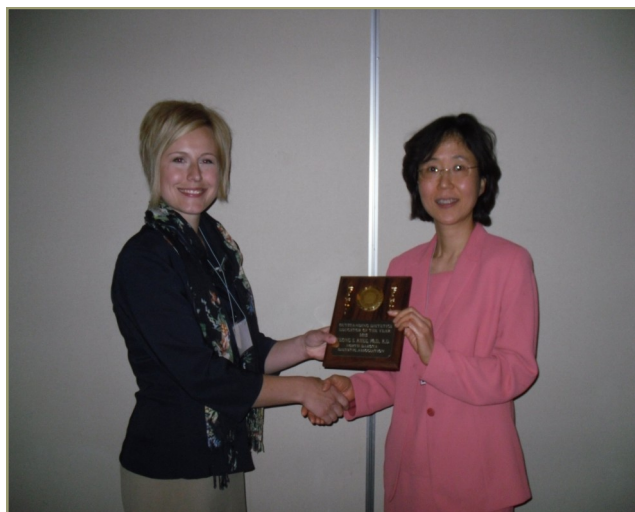
## Congratulations to the 2012 NDDA Award Winners!



During the NDDA membership meeting April 24, awards were given to North Dakota dietitians to recognize significant achievement in the field of nutrition and dietetics.

The **Outstanding Dietetic Educator** award was given to Dr. Yeong Rhee, Associate Professor at North Dakota State University. Dr. Rhee leads medical nutrition therapy classes for undergraduate students and is the major advisor of several graduate students. Her research includes chronic disease prevention. Dr. Rhee has been in the department of Health, Nutrition and Exercise Sciences at NDSU for nine years and has mentored many dietetic students.

The **Recognized Young Dietitian of the Year Award** went to Dustin Frize, a UND graduate and team leader for UND Dining Services. Frize is credited with implementing “green” programs for UND dining.



*Brooke Fredrickson, NDDA President (left), presents Dr. Yeong Rhee from North Dakota State University the Outstanding Dietetic Educator Award.*

**Outstanding student awards** were given to Stephanie Bechtle, NDSU, and Amera Johnson Nelson, UND, both upper classmen in dietetics in their respective programs.

The Midwest Dairy Association’s Char Heer recognized NDDA for their initial support of Fuel Up to Play 60. NDDA was the first in the state to support the youth initiative, now also endorsed by numerous other state organizations including the Governor Dalrymple’s office.

# Public Policy Update

By Amy Davis, RD, LRD

## NDDA Reimbursement Representative

ND Department of Human Services Medical Division recently made changes to the Medicaid coding guideline for Medical Nutrition Therapy (MNT). Our coverage has not changed; however, some of the diagnosis codes were updated. For example, the diagnosis code of 790.2 now requires a fifth digit so the following codes have been added:

- 790.21 Impaired fasting glucose
- 792.22 Impaired glucose tolerance test (oral)
- 790.29 Other abnormal glucose

For a listing of additional covered diagnosis codes refer to pages 8 and 9.



## MNT Provider



The *MNT Provider* is published monthly by the Academy of Nutrition and Dietetics and is a wonderful resource for practice management news. Articles on business skills, technology, coding and coverage, nutrition practice guidelines, Medicare, Medicaid and more are included. Each issue contains expert analysis from CMS officials, consultants, legal counsel, and Academy staff. Here are some of the highlights in the March and April issues that may interest you. You may also find past issues on the [Academy website](#) by going to Members → Practice → Medicare MNT.

### March 2012

CMS releases details of new Intensive Behavioral Therapy for Obesity benefit

What is "Incident to" billing and how does this apply to my practice

[Click here](#) to read about these highlights

### April 2012

Coding, billing and ethics- oh-my!

ICD-10 compliance delayed

Medicare revalidation required

[Click here](#) to read about these highlights

### Contact Information

Amy Davis, RD, LRD

NDDA Reimbursement Representative

Email: [adavis@mohs.org](mailto:adavis@mohs.org)

## Medicaid Coding Guideline

Effective: 7-1-02

ND DEPT OF HUMAN SERVICES MEDICAL SERVICES DIVISION

### Medical Nutrition Therapy CPT Codes

- 97802** Medical nutrition therapy; initial assessment and intervention, individual, face-to-face with the patient, each 15 minutes.
- 97803** re-assessment and intervention, individual, face-to-face with the patient, each 15 minutes
- 97804** group (2 or more individual(s)), each 30 minutes

Medicaid will allow **four (4)** visits per calendar year. Services must be provided by a licensed registered dietitian (LRD) or nutrition professional meeting certain requirements.

### COVERED DIAGNOSIS CODES:

- |                      |   |
|----------------------|---|
| <b>250.00-250.93</b> | Diabetes mellitus   |
| <b>259.9</b>         | Unspecified endocrine disorder                                      |
| <b>270.1</b>         | PKU - phenylketonuria   |
| <b>272.0-272.9</b>   | Disorders of lipid metabolism                                       |
| <b>278.00-278.01</b> | Obesity unspecified; morbid obesity                                 |
| <b>278.02</b>        | Overweight  |
| <b>278.1</b>         | Localized adiposity   |
| <b>307.1</b>         | Anorexia nervosa  |
| <b>307.51</b>        | Bulimia nervosa   |
| <b>307.59</b>        | Feeding disorder of infancy or early childhood of nonorganic origin |
| <b>401.0-401.9</b>   | Essential hypertension; malignant, benign, unspecified              |
| <b>402.00-402.01</b> | Malignant hypertensive heart disease                                |
| <b>402.10-402.11</b> | Benign hypertensive heart disease                                   |
| <b>402.90-402.91</b> | Unspecified hypertensive heart disease                              |
| <b>403.00-403.01</b> | Malignant hypertensive chronic kidney disease                       |
| <b>403.10-403.11</b> | Benign hypertensive chronic kidney disease                          |
| <b>403.90-403.91</b> | Unspecified hypertensive chronic kidney disease                     |
| <b>404.00-404.03</b> | Malignant hypertensive heart and chronic kidney disease             |
| <b>404.10-404.13</b> | Benign hypertensive heart and chronic kidney disease                |





*Covered Diagnosis Codes Continued from Page 8*

<b>404.90-404.93</b>	Unspecified hypertensive heart and chronic kidney disease
<b>405.01-405.09</b>	Secondary hypertension, malignant, renovascular and other
<b>405.11-405.19</b>	Secondary hypertension, benign, renovascular and other
<b>405.91-405.99</b>	Secondary hypertension, unspecified, renovascular and other
<b>410.00-410.92</b>	Acute myocardial infarction
<b>411.0</b>	Postmyocardial infarction syndrome
<b>411.1</b>	Intermediate coronary syndrome
<b>411.81-411.89</b>	Acute coronary occlusion without myocardial infarction and other
<b>414.00-414.07</b>	Coronary atherosclerosis
<b>414.10-414.19</b>	Aneurysm and dissection of heart
<b>414.8</b>	Other specified forms of chronic ischemic heart disease
<b>414.9</b>	Chronic ischemic heart disease, unspecified
<b>579.0</b>	Celiac disease
<b>585.1-585.9</b>	Chronic kidney disease [CKD]
<b>648.00-648.04</b>	Diabetes mellitus complicating pregnancy, childbirth, or the puerperium
<b>648.80-648.84</b>	Abnormal glucose tolerance complicating pregnancy, childbirth, or the puerperium
<b>790.21</b>	Impaired fasting glucose
<b>790.22</b>	Impaired glucose tolerance test (oral)
<b>790.29</b>	Other abnormal glucose

## NDDA Awards to ND Science Fair Winners



### Senior Division—First Place

- *Abbie Sondeland, Valley/Edinburg School District*

### Senior Division—Second Place

- *Eva Byerley, Ellendale School*

### Junior Division—First Place

- *Martin Krump, Hankinson School*

### Junior Division—Second Place

- *Logan Kramer, Strasburg School*

## Have You Subscribed to NDDA's Listserv?

### Here's how:

1. Send an email to [Listserv@listserv.nodak.edu](mailto:Listserv@listserv.nodak.edu); leave the subject line blank in the email.
2. In the body of the e-mail enter the following:

SUB Ndsu-ndda@listserv.nodak.edu  
yourfirstname yourlastname

Example: SUB Ndsu-ndda@listserv.nodak.edu Jane Doe

3. You will be asked to confirm the request in a follow-up email.

### Questions? Contact:

[julie.garden-robinson@ndsu.edu](mailto:julie.garden-robinson@ndsu.edu)

# Please Thank Our Sponsors!

*North Dakota Board of  
Dietetic Practice*



**Platinum Level: \$3000 or more**

*Midwest Dairy Association*



**Gold Level: \$1500—\$2999**

*Sysco*



**Gold Level: \$1500—\$2999**

*ND Beef Commission*



**Silver Level: \$500—\$1499**

*U.S. Foodservice*



**Bronze Level: \$250—\$499**

## Friends of NDDA

- Breadsmith
- Cass Clay Creamery
- Food Services of America
- Harley E. French Library of Health Sciences
- Lisanatti Foods
- Nestle Health Science
- North Harvest Bean Growers Association

## A BIG THANK YOU to Brooke Fredrickson

*by Sherri Stastny, PhD, RD, CSSD, LRD*

On behalf of the board of directors for NDDA, I want to extend sincere thanks to Brooke for her many initiatives and follow through on numerous items. As a long-time NDDA member (and board member) I want to commend Brooke for contributing to a “can do” culture in our leadership. Brooke has led a great team that has brought about increased knowledge and awareness of how payers such as CMS and BCBS of ND can impact our ability to contribute to prevention of obesity and it’s related chronic disease(s). Brooke has worked to facilitate our name change as we move from ADA to the Academy of Nutrition and Dietetics. She has participated in multiple leadership trainings and this is exhibited by her confident style in leading meetings both on the telephone and in person. She has been faced with turnover of some key board members and facilitated quick replacements --finesse! Thanks for supporting our television ads by not only your acceptance of the concept, but stepping up to be the spokesperson! Brooke, you did a marvelous, professional job with this and our national AND visitor during NDDA complimented the ad. We will look for more AND leadership with Brooke and other “new” members to NDDA leadership positions. Thanks for your dedication to our organizations!



***Brooke Fredrickson, NDDA President, presents Becky King, NDDA President-Elect, the gavel at the NDDA membership meeting on April 24. Becky will be NDDA’s president beginning June 1! Welcome Becky!***



*Thank you* to  
all of the NDDA  
Board members  
for their service  
and leadership  
this past year!

*Dietetic Update is a publication of the North Dakota Dietetic Association. Comments should be sent to:*

**Pat Anderson, RD, LRD**  
**NDDA Executive Secretary**  
**2304 Jackson Avenue**  
**Bismarck ND 58501**  
**Phone: 701.838.0218**  
**E-Mail: [ndda@srt.com](mailto:ndda@srt.com)**



## **North Dakota Dietetic Association**

**eat right**® an affiliate of the  
**Academy of Nutrition and Dietetics**

### **Mission:**

**The North Dakota Dietetic Association is the advocate of the dietetics profession, serving the public through the provision of optimal nutrition, health, and well-being.**

### **NDDA Board of Directors**

**June 1—May 31**

**President:** Rebecca King

E-mail: [rking@primecare.org](mailto:rking@primecare.org)

**President Elect:** Deanna Askew

E-mail: [daskew@nd.gov](mailto:daskew@nd.gov)

**Secretary:** Breanna Swanson

E-mail: [brennas@ccmhnd.com](mailto:brennas@ccmhnd.com)

**Treasurer:** Char Heer

E-mail: [Cheer@midwestdairy.com](mailto:Cheer@midwestdairy.com)

**Past President:** Brooke Fredrickson

E-mail: [bfredrickson@coopermc.com](mailto:bfredrickson@coopermc.com)

**Delegate:** Bonita Hoverson

E-mail: [bonita.hoverson@ars.usda.gov](mailto:bonita.hoverson@ars.usda.gov)

**Public Policy Coordinator:** Amanda Ihmels

E-mail: [Aihmels@mohs.org](mailto:Aihmels@mohs.org)

**State Policy Representative:**

Kristin Liebl

Email: [Kristen.liebl@sanfordhealth.org](mailto:Kristen.liebl@sanfordhealth.org)

### **Dates to Remember**

#### **2012**

July	NDDA Board Meeting (TBA)
August 10	<b>Dietetic Update</b> Articles Due
Oct. 6-9	<b>FNCE</b>

### **We are on the Web**

<http://www.eatrightnd.org>

**Username:** eatrightnd.org

**Password:** diet



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Log into your Facebook account and Search Facebook for North Dakota Dietetic Association.