



North Dakota Academy  
of Nutrition & Dietetics

# Dietetic Update

A publication for members of the North Dakota Academy of Nutrition and Dietetics

## Mission:

The North Dakota Academy of Nutrition and Dietetics is the advocate of the dietetics profession, serving the public through the provision of optimal nutrition, health, and well-being.



## President's Message *by Deanna Askew*

**N**DAND presidents have the pleasure of writing the "President's Message" each quarter for the *Dietetic Update*. While this seems like something that shouldn't be difficult, I find myself struggling with how to begin my first message to NDAND members as President. I have a list of things that I think are important to share with the membership, but how can I convey them in a way that is interesting, inspiring and motivational? I decided, as the deadline looms, that I have set my sights too high, and I just need to get started and share my list.

I'd like to start by thanking you for the opportunity to serve as your NDAND President this year. I'm both honored and excited to hold this position. For anyone considering serving in this or any other capacity, I highly encourage it. There is no better way to understand your professional association than to participate in the board meetings and have a voice in how your professional association operates. (I will talk about board operations later.) At this point, I will mention that we are still looking for two board positions: a Media Chair from the western half of our state and a Convention Planning Chair. Please contact me if you are even mildly interested and I'd be happy to

visit with you about either position.

I'd also like to thank both the new board members and the continuing board members for their dedication and willingness to contribute to NDAND. We're excited to welcome 11 new board members and appreciative of the 15 board members who are continuing on the board, either in the same position or in a new position.

The NDAND board held its annual retreat in July in Bismarck. The day included a "media conversation" with Janel Schmitz, Communications Director at the Bank of North Dakota. She provided some wonderful tips to consider as we make decisions about marketing the RD. We spent the majority of our time that day in three smaller groups, operationalizing the strategic plan. The groups focused on upcoming activities related to membership, marketing, and public policy.



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*President's Message continued on page 2*

*President's Message continued from page 2*

In addition to the previous items, we carried out board meeting business as highlighted on page 3. One item that garnered some great discussion was regarding voting and non-voting board members. After much discussion, the board voted to change some non-voting positions to voting positions. This action was made primarily to increase board engagement of those positions. As I mentioned above, serving on a board is a great way to have a voice in your professional association. The board felt that for those positions to truly have a voice, they should be able to vote on board actions. Because any change in board composition requires approval of 2/3 of the membership, you will each have a chance to use your own voice on this bylaws change through an online vote this fall.

Another topic of great interest to the board is the new "Registered Dietitian Nutritionist (RDN)" credential, which has been approved for optional use by the Academy of Nutrition and Dietetics' Board of Directors and the Commission on Dietetic Registration. The board will continue to share information on this as it becomes available. For now, I will refer you to the "RDN Credential: Frequently Asked Questions" on the Academy's website.

<http://www.eatright.org/HealthProfessionals/content.aspx?id=6859&terms=RDN%20Credential>

Lastly, thanks to all of you who have acted on the Academy's Action Alerts for the Farm Bill and the Treat and Reduce Obesity Act. Please continue to respond to action alerts. The Academy has streamlined the process and it is exceptionally easy to do. This simple action taken by you is critical for our members of Congress to understand the importance of our profession and the contributions that we make for the improved nutrition and health of our citizens.

Please feel free to contact me with any suggestions, comments, or questions that you have about NDAND throughout the coming year.

*Deanna Askew, MS, RD, LRD*

**NDAND President**



North Dakota Academy  
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## Ethics Requirement

There is a relatively new Ethics Requirement by the Commission on Dietetic Registration (CDR). RDs and DTRs must complete a minimum of 1 CPEU of Continuing Professional Education in Ethics during each 5-year recertification cycle in order to recertify. This requirement will be effective starting with the 5-year recertification cycle which ends on May 31, 2017, and will be phased in over a 5 year period for each recertification cycle. The Academy offers ethics webinars and self-studies that meet the new requirement.

<http://cdrnet.org/news/ethics-requirements-for-recertification>



## Welcome New Board Members

- ◆ Vanessa Lennick: Treasurer
- ◆ Margie Janke and Stephanie Miller: co-chairs, Media Relations—East
- ◆ Desiree' Steinberger: Nominating Committee Chair
- ◆ Carrie McLeod: Membership Chair
- ◆ Kayla Cole: State Reimbursement Representative
- ◆ Michelle Hoppman: Licensure Liaison
- ◆ Kelly Bartsch: Bismarck-Mandan District President
- ◆ Student Members: Brittney Meyer (NDSU), Kayla Hinrichsen (UND), Hanna Knickerbocker (Concordia)

## Highlights from NDAND Board of Directors Meeting on July 23

*by Brenna Swanson, MS, RD, LRD*



**Motion carried for the ND Academy to partner with North Dakota Nutrition Council, the School Health Summit and the Sanford Obesity Symposium for the 2014 spring convention in Fargo.**



**Motion passed for the ND Academy to partner with the Long Term Care Association in 2015 for the spring convention.**



**Motion passed for the ND Academy as advised by the National Academy to develop a conflict of interest policy with board input and approval. The past president will have board members sign every year at the summer board meeting.**



**Motion passed for the addition of a State Reimbursement Representative position to the board. (Membership vote to follow.)**



**Motion carried for the State Policy Representative, State Regulatory Specialist, State Reimbursement Representative, Membership Chair, Awards Chair, and student members to become voting members. (Membership vote to follow.)**

## Have An Important Message to Send? Try the NDAND-Listserv!

NDAND members can subscribe to the NDAND Listserv that NDSU manages for NDAND (thank you to Julie Garden-Robinson!).

**To subscribe to the NDAND listserv, send an e-mail to:**

- [Listserv@listserv.nodak.edu](mailto:Listserv@listserv.nodak.edu)
- Leave the subject line blank in the e-mail.
- In the body of the e-mail enter the following:

SUB Ndsu-ndand@listserv.nodak.edu  
yourfirstname yourlastname

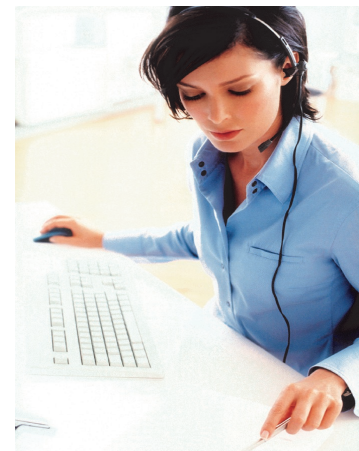
Example:  
SUB Ndsu-ndand@listserv.nodak.edu  
Jane Doe

You will be asked to confirm the request in a follow-up email.

### Questions?

#### Contact:

[julie.garden-robinson@ndsu.edu](mailto:julie.garden-robinson@ndsu.edu)





## Technical Corrections Made to Dietetic Practice Act and Rules

**D**uring the last legislative session technical revisions to the Dietetic Practice Act and the rules were passed by the ND House and the Senate. The technical revisions removed American Dietetic Association and replaced it with “*the Academy of Nutrition and Dietetics or its predecessor or successor organization*”.

**T**he change to the Rules was effective April 1, 2013 and to the Dietetic Practice Act on August 1, 2013. The revised Dietetic Practice Act and Rules can be found at [www.ndbodp.com](http://www.ndbodp.com) under law.

## Has Your Name or Address Changed?

**I**f your last name has changed please update your information with the Commission on Dietetic Registration (CDR). When an application for licensure is processed the applicant’s registration number is verified with CDR and NDBODP issues the license to match the name on file with CDR. Therefore if your last name has recently changed and CDR has not received proof of the name change, your license will be issued in your previous name.

**P**lease email any address changes to [execsec@ndbodp.com](mailto:execsec@ndbodp.com). The NDBODP mails the licensure renewal form to licensees in May. If your address isn’t kept current there is the possibility you may not receive the renewal form.

### How to Contact NDBODP Board Members

#### **NDBODP Chair**

Georgianna Walker, MS, RD, LRD  
Email: [georgiannawalker@hotmail.com](mailto:georgiannawalker@hotmail.com)

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Rita Ussatis, MS, LN  
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#### **NDBODP**

2304 Jackson Avenue  
Bismarck ND 58501  
Email: [execsec@ndbodp.com](mailto:execsec@ndbodp.com)  
Web site: [www.ndbodp.com](http://www.ndbodp.com)  
701.838.0218

#### **NDBODP Board Meeting**

Sept. 12, 2013  
10:00 a.m. —3:00 p.m.  
North Dakota Beef Commission  
4023 State Street  
Bismarck



## Reimbursement Updates



*By Amy Davis, RD, LRD*

Reimbursement Representative

*& Kayla Cole, RD, LRD*

State Reimbursement Representative



### Fight Obesity Today!

As nutrition experts, we deserve the right to be reimbursed for our services. If you have not done so already please take two minutes to contact your members of Congress today and urge them to support the Treat and Reduce Obesity Act, which expands Medicare to allow registered dietitians, among others, to independently bill for intensive behavioral therapy for obesity.

Click here to **TAKE ACTION NOW.**

Click here for more information on The Treat and Reduce Obesity Act  
<http://tinyurl.com/mfwtdch9>

### Inside the July 2013 MNT Provider Newsletter

<http://tinyurl.com/lcw3apy>

- ⇒ Academy addresses health promotion and chronic disease prevention in position and practice papers
- ⇒ Now available: Free webinar on integrating the registered dietitian into primary care
- ⇒ ICD-10 Basics webinar available
- ⇒ Power up your dietetic skills using Professional Skills Review
- ⇒ Mark your calendar for these important FNCE sessions

### Requesting Coverage for Medicaid

If you need to request additional Medical Nutrition Therapy (MNT) visits or request MNT coverage for a medical condition not covered by Medicaid, you can submit this form: Medical Procedure/Device Prior Authorization Request (SFN 511) to the Medical Services Division of the ND Department of Human Services. You may send additional documentation as you see fit such as a letter or progress note.

<http://tinyurl.com/lgxtlyg>

### Reimbursement questions? Contact Us:

[amy.davis@sanfordhealth.org](mailto:amy.davis@sanfordhealth.org)

[kayla.cole@trinityhealth.org](mailto:kayla.cole@trinityhealth.org)

## Did You Know?

NDAND has a **Find An RD** feature on our web site. This means as a member you can list your name, specialty and contact information.

To include your information go to [www.eatrightnd.org](http://www.eatrightnd.org) and click on the **members** page. The members page is password protected so enter *eatrightnd.org* for the username and *diet* for the password. Click on **Add Your Name to Find an RD Directory.**



### Interested in Serving on the ND Academy of Nutrition and Dietetics Board?

Currently there are two unfilled NDAND Board positions.

- Media Representative (West)
- Convention Planning Chair

Contact Deanna Askew for more information.

Email:

[daskew@nd.gov](mailto:daskew@nd.gov)

Phone:

701.328.4568



North Dakota Academy  
of Nutrition & Dietetics

## Attention Dietetic Students!

### North Dakota Academy of Nutrition and Dietetics Student Scholarship Information

As the new school year gets ready to kick off, don't forget that we have a NDAND Student Scholarship available to be awarded each year. It has been a number of years since this was applied for, so please start identifying qualified students as soon as possible!

#### *Eligibility Requirements:*

- ♦ Must be a full-time student in their junior year of an accredited dietetics program
- ♦ Must have a minimum GPA of 3.0
- ♦ Must be a member of the Academy of Nutrition and Dietetics with North Dakota as their chosen affiliate

#### *Instructions:*

- ♦ Download or print application from the NDAND website: [www.eatrightnd.org](http://www.eatrightnd.org)
- ♦ Complete application and forward to [Naomi.hass@sanfordhealth.org](mailto:Naomi.hass@sanfordhealth.org), or send requested documents to the following address by February 1, 2014:

Naomi Hass, MS, RD, LRD  
NDAND Awards Chair  
1720 South University Drive, Unit 3A  
Fargo, ND, 58103

#### *Selection Process:*

- ♦ Late or incomplete applications will not be considered in the selection process.
- ♦ A scholarship committee will review applications received and choose the best candidate based on the scholarship application criteria and eligibility requirements listed above.
- ♦ One recipient will be chosen to receive a \$500 scholarship to be awarded at the NDAND annual convention held in the spring of each year.

**Save The Dates!**  
**April 23-25, 2014**



**2014 Annual NDAND Convention**  
**Fargo**  
**More details coming soon!**

## Nutrition Services Delivery and Payment: The Business of Every Academy Member



# HOD Fact Sheet

## House of Delegates

**Fall 2013**

**If opportunity doesn't knock, build a door.**

-Milton Berle

Academy members across practice settings are impacted directly or indirectly by the delivery of and payment for nutrition services. While we typically think of this issue in the context of clinical practice and direct providers of services, the fact is that members in a variety of practice settings touch the topic. Massive changes are underway in health care delivery and payment systems that have implications for MNT, nutrition services, the business of dietetics across practice settings and the profession of nutrition and dietetics. Change always comes with uncertainties and challenges, and such is the case with the evolving world of health care delivery and payment. Change also brings opportunities. But if we don't seize these opportunities, someone else will.

### Mega Issue Question

As the nation's food and nutrition leaders in optimizing the nation's health, what can we do to position nutrition services as an essential component of the evolving health care delivery and payment models?

### Meeting Objectives:

Delegates and Meeting Participants will be able to:

1. Identify relevant stakeholders and their needs.
2. Comprehend the impact that current and evolving health care delivery and payment models will have on **ALL** areas of practice.
3. Give examples of successful integration into evolving delivery and payment models.
4. Communicate the need for nutrition and dietetics practitioners to be an essential part of evolving health care delivery and payment models.
5. Promote information to members and stakeholders and encourage members to utilize Academy resources.
6. Empower members to lead efforts and seize opportunities to provide cost-effective nutrition services to optimize the public's health.

### Why are health care delivery and payment systems changing?

- Growth in health care spending in the United States is unsustainable.
- Quality of health care in the US falls way behind that in other industrialized nations despite these high health care expenditures.
- Benefits of prevention are being recognized.
- Benefits of primary care and care coordination are being recognized.
- Evidence shows that delivery system reform without payment reform does not work, investing in primary care works, and cost accountability works.

Additional drivers of change include the Institute for Healthcare Improvement's Triple Aim as well as the Patient Protection and Affordable Care Act.

### What solutions are evolving?

#### Delivery systems

- Patient-Centered Medical Homes
- Accountable Care Organizations
- Health Homes for Chronically Ill
- Primary Care Case Management
- Managed Care or Coordinated Care Organization (MCO/CCO)

*House of Delegates Fact Sheet continued on page 8*

## Payment systems

- Bundled Payments or Global Payments
- Pay-for-Performance
- Value-Based Purchasing
- Hospital Readmissions Reduction Program
- Hospital-Acquired Conditions (HAC).



### What opportunities exist for Academy members?

While none of these evolving models specifically recognize RDs, RDNs or DTRs or guarantee new opportunities are reserved specifically for us, we are well-positioned to market ourselves for inclusion based on our skill sets, expertise, and demonstrated cost-effectiveness. Medical nutrition therapy (MNT) is known to be a key component in treating many of the chronic conditions plaguing our nation and is linked to improved clinical outcomes and reduced costs. Institutions and providers have monetary incentives to prevent readmissions and improve the health and wellbeing of the patient. Including the RD and RDN as part of the health care team can be seen as an investment to help providers earn such incentives. In addition, the RD and RDN service is positioned to save physician time which translates into lower operating costs.

### What will it take to be successful?

RDs, RDNs and DTRs need to learn to speak the new language of health care delivery and payment. We need to rethink and be willing to expand our role on the health care team, no matter the practice setting. We need to recognize the value proposition has changed and market ourselves and our services in the context of these evolving delivery and payment systems if we are to achieve the recognition, respect and remuneration we seek. Branding starts with the individual, as does the task of integrating RDs, RDNs, DTRs and nutrition services into the current and future health care system. At the end of the day, it's about the quality of nutrition services provided by RDs or RDNs. The evolving business models impact all health care settings and areas of practice. Opportunities abound but, as with all opportunities, Academy members need to seize them before other health care providers do.

### What HOD Needs from You

Talk with your delegate about this issue in advance of the Fall 2013 HOD Meeting (October 18-19, 2013).

### Questions for your members to consider:

- Where do you work and how are your services paid for?

Go to <http://innovation.cms.gov/initiatives/map/index.html#model=community-based-care-transitions-program> and look on the map to see where CMS Innovation Model Partners are located in your state.

Delegate contact information is available at [www.eatright.org/leaderdirectory](http://www.eatright.org/leaderdirectory). The backgrounder is available at [www.eatright.org/hod](http://www.eatright.org/hod) > Fall HOD Meeting Materials.

**For information on how members are currently involved in nutrition services payment and delivery, read the Member Spotlights section**  
Available at [www.eatright.org/hod](http://www.eatright.org/hod) > Fall HOD Meeting Materials

**Delegate Bonita Hoverson**

**[bonita.hoverson@ars.usda.gov](mailto:bonita.hoverson@ars.usda.gov)**

**Sometimes if you want to see a change for the better, you have to take things into your own hands.**

-Clint Eastwood



**Nutrition Services Delivery and Payment:  
The Business of Every Academy Member**

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and Dietetics

# Member Feedback Form

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## House of Delegates

*Fall 2013*

Please provide your responses to the following questions and submit this information to your delegate by September 30, 2013. Your feedback will be shared with the House of Delegates in advance of the Fall HOD Meeting. Your input will be very helpful to the dialogue session!

1. Do you have any questions or comments pertaining to the HOD Backgrounder “Nutrition Services Delivery and Payment: The Business of Every Academy Member”?

2. Where do you work and how are your services paid for?

3. Other comments related to this topic:



**Questions or  
Comments**

**Contact:**

Delegate - Bonita Hoverson  
bonita.hoverson@ars.usda.gov  
Email: bonita.hoverson@ars.usda.gov

# Board Member **Spotlight**



*Meet*

**Kayla Cole, RD, LRD**

**State  
Reimbursement  
Representative**

**What is the role of the  
State Reimbursement  
Representative?**

**In collaboration with the Reimbursement Representative serve as a local resource for ND Academy members who have questions about reimbursement issues. I will help facilitate use of the Academy of Nutrition and Dietetics coding and coverage resources and coordinate local advocacy efforts to expand state nutrition coverage policies.**

## ***Current Job Position:***

Currently, I work for Trinity Health in Minot, ND at the Center for Diabetes Education. I see a variety of diagnoses at the clinic including but not limited to: diabetes, weight loss, hyperlipidemia, Celiac Disease, etc. I also cover other outpatient services including Cardiac Rehab, Child Disability Clinic, Cancer Care, and Home Health/Hospice. I also am currently providing monthly grocery store tours to the public.



## ***What do you like best about being an RD?***

What I like best about being a registered dietitian is helping clients, patients, and the community understand the importance of nutrition and to help them make positive lifestyle changes.

## ***Tell us a little about your family and what you like to do in your spare time.***

I live in Minot, ND with my husband, Devin, and black lab, Nyla. We enjoy being active, cooking, playing and recording music and spending time at our “part-time” jobs being worship band leaders at our church and yes, “wedding singers.” We are very excited to start building our house in the spring of 2014!

## ***Any advice to members regarding involvement with NDAND or AND?***

I’ll be honest, I was nervous about the responsibilities that come along with being a board member of NDAND, but I always knew that someday I wanted to be involved. The good thing about being on the board is that you’re not alone. You can always bounce ideas off of other people. Being active will not only benefit you and your knowledge but will also benefit dietitians across the state. I am excited to have Amy Davis, Reimbursement Representative, to look to for guidance and suggestions.

## Public Policy Coordinator Report *By Amanda Ihmels, RD, LRD*

**T**his summer has been filled with discussion of federal legislation with nutrition programing and MNT reimbursement. The Farm Bill has been seeing more action this week with House Leadership indicating that they have a nutrition only bill that aims to cut \$40 billion from nutrition programs like SNAP, and SNAP-Ed. This expected \$40 billion dollar cut is 10 times larger than the Senate's bipartisan nutrition title of the Farm Bill that passed back in June. This House nutrition only bill, although not released as of Friday August 2<sup>nd</sup>, will have to be voted by the House in order for this bill to go to conference with the Senate.



**T**he Senate has recently taken a critical step in moving to Conference Committee. On Thursday evening, August 1<sup>st</sup>, the Senate appointed conferees to the Conference Committee. The Conference Committee is made up of House and Senate members whose task is to hash out the differences between the House and Senate bills, and is a normal step in passing a piece of legislation. Senate Conferees include Senators Debbie Stabenow (Mich.), Patrick Leahy of (Vt.), Tom Harkin (Iowa), Max Baucus (Mont.), Sherrod Brown (Ohio), Amy Klobuchar (Minn.), Michael Bennet (Colo.), Thad Cochran (Miss.), Pat Roberts (Kan.), Saxby Chambliss (Ga.), John Boozman (Ark.) and John Hoeven (N.D.). House conferees have not been appointed.

**P**lease be on the lookout for Farm bill related action alerts.



**S**econdly, the Treat and Reduce Obesity Act (TROA). Efforts to date have focused on the House Energy and Commerce Subcommittee on Health and the Senate Finance Subcommittee on Health Care. The Academy has reached out to 20 House Members and 11 Senate Members to advocate for the legislation. Amy Davis our reimbursement representative will have more information regarding this topic.

**R**ep. Henry Waxman (CA), Rep. Lois Capps (CA), Rep. Gus Bilirakis (FL), Rep. Kathy Castor (FL), Rep. Phil Gingrey (GA), Rep. John Barrow (GA), Rep. John Shimkus (IL), Rep. Ed Whitfield (KY), Rep. John Dingell (MI), Rep. Frank Pallone (NJ), Rep. Eliot Engel (NY), Rep. Renee Ellmers (NC), Rep. G.K. Butterfield (NC), Rep. Joe Pitts (PA), Rep. Tim Murphy (PA), Rep. Joe Barton (TX), Rep. Michael Burgess (TX), Rep. Jim Matheson (UT), Rep. Morgan Griffith (VA), and Rep. Cathy McMorris Rodgers (WA).

**S**en. Chuck Grassley (IA), Sen. Pat Roberts (KS), Sen. Ben Cardin (MD), Sen. Debbie Stabenow (MI), Sen. Robert Menendez (NJ), Sen. Bob Casey (PA), Sen. Pat Toomey (PA), Sen. John Cornyn (TX), Sen. Orrin Hatch (UT), Sen. Jay Rockefeller (WV), and Sen. Mike Enzi (WY).

**I**f you have not completed the Action Alerts for the TROA please take the time to complete this. We need to show strength in numbers.

### Questions or Comments

#### Contact:

Amanda Ihmels, RD, LRD  
Email: [Amanda.Ihmels@sanfordhealth.org](mailto:Amanda.Ihmels@sanfordhealth.org)  
701.323.6069

# North Dakota Academy of Nutrition and Dietetics Board of Directors (June 1, 2013—May 31, 2014)

## **President**

Deanna Askew, MPA, RD, LRD  
Phone: 701.328.4568  
Email: daskew@nd.gov

## **President—Elect**

Anne Bodensteiner, MS, RD, LRD  
Phone: 701.231.8560  
Email: anne.bodensteiner@ndsu.edu

## **Past—President**

Becky King, MS, RD, LRD  
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## **Secretary**

Brenna Swanson, MS, RD, LRD  
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## **Public Policy Coordinator**

Amanda Ihmels, RD, LRD  
Email:  
Amanda.Ihmels@sanfordhealth.org

## **Treasurer**

Vanessa Lennick, RD, LRD  
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## **State Policy Representative**

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Brianna Srnsky  
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## **Delegate:**

Bonita Hoverson, RD, LRD  
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## **State Regulatory Specialist**

Connie Hofland, MS, RD, LRD, JD  
Phone: 701.223.2711  
Email: chofland@zkslaw.com

## **Media Relations (West)**

Unfilled

## **Media Relations (East)**

Margie Janke, RD, LRD  
Email: wiclady@drtel.net

Stephanie Miller, RD, LRD  
Email: snbechtel@hotmail.com

## **Awards Chair**

Naomi Hass, RD, LRD  
Phone: 701.461.5319  
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## **Convention Planning Chair**

Unfilled

## **Nominating Committee Chair**

Desiree' Steinberger, RD, LRD  
Email: Desiree.Steinberger@gmail.com

## **Chair, Council on Professional Issues**

Michelle Fundingsland, RD, LRD  
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## **Chair, Membership**

Carrie McLeod, RD, LRD  
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## **State Reimbursement Representative**

Kayla Cole, RD, LRD  
Phone: 701.857.5107  
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## **Reimbursement Representative**

Amy Davis, RD, LRD  
Phone: 701.323.5648  
Email: amy.davis@sanfordhealth.org

## **Bismarck/Mandan Academy of Nutrition and Dietetics President**

Kelly Bartsch, RD, LRD  
Phone: 701.220.5363  
Email: Kellyjeanbartsch@yahoo.com

## **Minot Academy of Nutrition and Dietetics President**

Cory Doucet, RD, LRD  
Phone: 701.857.5755  
Email: Cory.Doucet@trinityhealth.org

## **Greater Grand Forks District President**

Brenna Kerr, RD, LRD  
Email: brenna@polarcomm.com

## **Jamestown/Valley City District President**

Larissa Musgrave, RD, LRD  
Phone: 701.845.6453  
Email: larissamusgrave@catholichealth.net

## **Fargo/Moorhead District President**

Kelsey Herrick, RD, LRD  
Email: Kelsey.Herrick@sanfordhealth.org

## **Student Members**

Brittney Meyer (NDSU)  
Email: Brittney.a.meyer.2@my.ndsu.edu

Kayla Hinrichsen (UND)  
Email: kayla.hinrichsen@my.und.edu

Hannah Knickerbocker (Concordia)  
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North Dakota Academy  
of Nutrition & Dietetics

**eat right**® an affiliate of the  
Academy of Nutrition and Dietetics

*Dietetic Update is a quarterly publication of the  
North Dakota Academy of Nutrition and Dietetics.  
Comments should be sent to:*

*Pat Anderson, RD, LRD  
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E-Mail: [execsec@eatrightnd.org](mailto:execsec@eatrightnd.org)*

Visit our Web page at [www.eatrightnd.org](http://www.eatrightnd.org)  
Members Page ([eatrightnd.org](http://eatrightnd.org) is the username  
and *diet* is the password)